Venoruton® Gel

Local treatment for venous disorders or trauma

Properties/Therapeutic use

What is Venoruton gel and when is it used? Venoruton gel contains O-(β-hydroxyethyl)-rutoside which helps to restore normal function to the smallest blood vessels, the capillaries. This reduces swelling of the ankles and other symptoms (pain, heaviness) related to varices or of traumatic origin (sprains and twists, bruised muscles). Venoruton gel is alcohol-free, odourless and non-greasy. It is very suitable for repeated application to the skin. It is pleasant to apply and feels fresh.

Further information

What else should I know? To relieve the symptoms of varices, it is also helpful to raise your legs at frequent intervals during the day if this is possible, and to raise the foot of the bed. The wearing of an elastic support (usually stockings) is also recommended.

Contraindications

When should I not use Venoruton gel? You should not use Venoruton gel if you are sensitive to the active ingredient O-(β-hydroxyethyl)-rutoside or to similar substances. Your doctor will know what to do if this is the case.

Precautions

What precautions should I take when using Venoruton gel? The gel should only be used on intact skin; do not use it on the mucosa. Do not rub it in if you have venous disorders that were caused by a blood clot (called thromboembolism).
If your symptoms persist or become worse, see a doctor. Before using Venoruton gel, tell your doctor, your pharmacist or your chemist if
– you have any other illness,
– you are allergic, particulary to other medicines,
– you are already taking or using other medicines (including self-medication!)

Pregnancy/Breastfeeding

Can Venoruton gel be used during pregnancy or when breastfeeding? As a general rule, you should not take any medicines while you are pregnant or breastfeeding without asking your doctor first. If it is absolutely essential that if you do use Venoruton gel, you should not start using it until the fourth month of pregnancy.

Dose/Method of use

How should Venoruton gel be used? Apply the gel morning and evening to the areas to be treated. Rub gently to help the gel penetrate, until the skin is dry.
If necessary, Venoruton gel many be applied under bandages or elastic stockings.
Keep to the dose given in this leaflet or prescribed by your doctor. If you feel that the medicine is not effective enough, or indeed that it is too strong, see your doctor, pharmacist or chemist.

Undesirable side effects

What undesirable side effects can Venoruton gel have? Medicines that are effective may cause certain side effects. Venoruton gel is generally well tolerated. Rare cases of sensitivity with skin reactions have been reported; these symptoms quickly disappear once you stop applying the gel.

Special comments

What else should I know about? Medicines should be kept out of the reach of children.
The medicine should not be used after the date ‹EXP› printed on the pack.
If you have any medicines which have passed their expiry date, take them back to your pharmacist or chemist.
If you need any more information, see your doctor, pharmacist or chemist who have detailed information which is produced for people in the medical profession.

Composition

Venoruton gel contains O-(β-hydroxyethyl)-rutoside 2%. Preservative: benzalkonium chloride, excip. ad gelatum pro 1 g.

Presentation

Pack of 40 g.

Novartis Consumer Health SA
Nyon Switzerland

Information revised

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(THIS IS A MEDICAMENT)
a) Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
b) Follow strictly the doctor's prescription, the method of use, and the instructions of the pharmacist who sold the medicament.
c) The doctor and the pharmacist are experts in medicine, its benefits and risks.
d) Do not by yourself interrupt the period of treatment prescribed.
e) Do not repeat the same prescription without consulting your doctor.

Keep medicament out of reach of children

Council of Arab Health Ministers
Union of Arab Pharmacists

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